

HEALTH CREDITS

You never know what life will throw at you. Take control of your Health & Wellbeing with a flexible pre pay CREDIT plan that you can off set against our services for you or gift them to someone else.

2020



One credit = £10

CREDITS CAN BE BOUGHT IN MULTIPLES OF TEN

PHYSIOTHERAPY 60 MINS	5
PHYSIOTHERAPY 30 MINS	3.5
INJURY REHABILITATION 60 MINS	5.5
INJURY REHABILITATION 30 MINS	3.5
SPORTS THERAPY 60 MINS	5.5
SPORTS THERAPY 30 MINS	3.5
SPORTS MASSAGE 60 MINS	4.5
SPORTS MASSAGE 30 MINS	3
PERSONAL TRAINING	4
WBH	0.5
EC	0.5
NUTRITION INITIAL CONSULTATION	6
NUTRITION FOLLOW UP	4.5
LIFESTYLE CONSULTATION	3
LIFESTYLE FOLLOW UP CONSULTATION	5



PHYSIOTHERAPY



INJURY REHABILITATION



SPORTS THERAPY



SPORTS MASSAGE



PERSONAL TRAINING



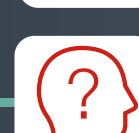
WATT BIKE HIRE (WBH)



EXERCISE CLASSES (EC)



NUTRITION



MINDSET & LIFESTYLE COACHING



ACTIVE KIT*

* 10% off all kit with an active credit loyalty card